

## Announcing

### “How To Make Stress Work For You”

At Last Amazing tricks to help you to be more relaxed, more successful more easily.

“I want you to be more successful as a person at work and home. Therefore I am going to break all the rules and share with you the secrets of motivation, achievement and fulfillment .”

If you can imagine it, you can achieve it.  
If you can dream it, you can become it.

William Arthur Ward

This talk will show you how to:

- Break through barriers to success
- Discover what you don't want
- Recognise 'negative' stress
- Learn to use 'positive' stress
- Move goals closer to you
- Learn how to use 'creative mind'

Tickets £12

(£7 if you book before 31st Oct)

#### **Exclusive offer:**

First 15 to email us get Free Tickets

Saturday 24th  
November 2007 @10am  
The Carriage Works  
3 Millennium Square  
Leeds

Drew Bird  
**Contact Us Now**  
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